

Ryushinkan Eltham

Lindon Rochester, I started my aikido journey at the Ryushinkan Dojo in London in 1995 under Sensei Minoru Kanetsuka (Shihan 8th Dan Technical Director of the BAF) and trained there frequently until Kanetsuka sensei passed away in 2019. I continued to practise there until March 2020.



For many years, I travelled with Kanetsuka sensei, attending many courses in the UK, France, Norway, Holland, Poland, Russia, and Belarus. I was formally awarded my 3rd Dan in December 2016.

I have also achieved the Level 2 and Level 3 coaching certificates with the Joint Aikido Council (JAC).

Terms and Fees:

A membership form can be collected from the dojo. The club reserves the right to refuse, suspend, or terminate membership without explanation. Strictly no under 18s allowed.

Class held on Tuesdays from 8.30pm till 9.30pm

Regular practice at Ryushinkan Eltham requires membership of the club and the British Aikido Federation (BAF) for insurance purposes, as well as payment of a mat fee.

- Enrolment fee is £50; payable by BACS to, Lindon Rochester.
- Club membership renewal is £50 per year; payable by BACS Lindon Rochester.
- BAF membership is £35 per year, or £20 for students; cheques payable to 'British Aikido Federation'.

Mat fees for those paying per session are as follows:

- Members: £10 a lesson
- Non-members: £25 (including BAF members)

Visitor status is only available for one week maximum due to insurance reasons.

Ryushinkan Eltham
Venue
Chapel Farm Rd,
Coldharbour Estate
London SE9 3LX
Telephone: 07958 532 948



Aikido Ryushinkan Eltham